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# General

#### What is CBD? Where does it come from?

CBD or cannabidiol, is the second most prevalent compound found in cannabis. CBD derives from the hemp plant, which is akin to marijuana but has much less THC and does not cause you to feel high. The natural substance may be used in oils, topicals, or edibles to provide relief, relaxation, and comfort.

#### How does CBD work?

Research surrounding CBD is still ongoing; however, we know that CBD influences receptors in your body that are part of your endocannabinoid system, impacting your appetite, sleep, mood, memory, and many other areas.

CBD positively influences receptors throughout the body to help bind endocannabinoids, resulting in many anti-inflammatory, anti-pain, and anti-anxiety benefits.

# What is the difference between CBD & marijuana?

Hemp and marijuana are both cannabinoid compounds of the Cannabis Sativa plant, making their molecules look similar, but they are very different. (There are over 85 known cannabinoids.) However, they each have a unique genetic profile. While marijuana has high amounts of THC that may cause you to feel high, hemp has higher CBD and only trace amounts of THC. All Legal Green CBD oils are derived from hemp, allowing you to reap the benefits of cannabis without feeling intoxicated.

# Will CBD make me feel high?

No. All Legal Green's products derive from hemp that contains less than .3% THC, so there is no intoxicating effect.

# Is CBD oil legal?

Yes. In 2018 changes to the U.S. Farm Bill legalized the commercial cultivation and sale of hemp under specific regulations.

Still, the FDA does not support selling CBD products that claim to cure or treat disease or illness.

#### What is the best way to consume CBD?

Each method has various levels of absorption, and everyone is different. Some people prefer to ingest CBD topically, while others prefer to vaporize it.

Your preferred method will depend solely on what you're looking for in a product and your lifestyle. Our products are available in a wide variety of forms. We offer CBD oils, gummies, vapes, lip balms, and more.

Click here to view our latest product updates and availability. If you're not sure where to start, we can help!

### Will I fail a drug test if I take a CBD product?

All Legal Green CBD products are American-grown, are made with high-quality industrial hemp, and only contain trace levels of THC (below .3%). But to be on the safe side, we advise that you refrain from using CBD products when preparing for a drug test.

#### What are some benefits of CBD?

The benefits of CBD vary, with some consumers noting healthier sleep cycles and others describing a relief from pain and anxiety. Overall, our customers use CBD products to live a healthier life. Although not designated by the FDA as a health product, numerous studies have

shown CBD's various health benefits. Legal Green CBD products do not claim to treat, cure, or prevent disease. As with any supplement, please consult your physician before use.

### Can I use CBD for cooking?

Of course, you can add CBD to salad dressing, pasta sauces, soups, and savory dishes. You can even add CBD to baked goods and sweets. Keep in mind that the compound will degrade at a heat of more than 165 degrees Fahrenheit.

#### Is all CBD the same?

No, not at all. CBD can be full-spectrum or isolated, raw, heated and filtered, or even converted to a water-soluble compound, all of which produce a different CBD product that impacts your system in different ways.

#### How do I know how much CBD I need?

See the label of each product for the suggested serving size. Keep in mind that everyone is different. Please use your judgment as CBD is an oil-based food product, and excess oil may upset your stomach.

## Do you need a prescription for CBD oil?

No, you do not need a prescription to purchase CBD oil with less than 0.3% THC. All Legal Green CBD products are considered food or supplements and not drugs.

### How long does CBD oil stay in your system?

CBD oil may remain in your blood for up to five days after consumption, but the effects don't last long. Results, however, can vary. For some, it may stay in your system for weeks. The amount consumed, frequency of use, manner of consumption, diet, and lifestyle each have an impact.

#### Will CBD interact with other medications?

Anything that you add to your system could interact with prescription medications. Please consult your physician before use.

#### I'm taking CBD - why isn't it working?

The amount of CBD that you're taking may not be enough, or you may need to get on a consistent intake schedule. There is no one size fits all. Gradually increase your daily consumption until you reach the desired effect. If you're unsure if it's working, stop taking CBD for 7-10 days to see if it's working. This break will give you enough time to assess if there is a difference.

### What are the side effects of CBD?

CBD may have a slight sedative effect, even in small servings. Nausea and gastrointestinal issues are the most common side effects, leading to vomiting, diarrhea, dizziness, and other digestive problems. These side effects are common with oils and supplements.

Also, many products have other ingredients that can cause sensitivity. Be sure to read the entire list of ingredients before consumption.

### Does CBD affect appetite?

Given the low levels of THC, CBD will not typically affect your hunger.

## How do I contact the Legal Green CBD team?

Our well-trained team of Customer Service Specialists is always happy to answer any questions you may have.

Please contact us via Live Chat or email at <a href="mailto:info@legalgreen-cbd.com">info@legalgreen-cbd.com</a>.
Our Live Chat team is available 24/7 for your convenience.

To connect with Live Chat, click here.

#### **Products**

# What will I feel after using CBD products?

Customers describe feeling very calm, relaxed, or even tired, but others may not be affected in that way as everyone will react differently.

# Are your products safe?

Yes! Legal Green CBD's products are lab-tested. We do not manufacture products but rather carry items that we believe to be the market's best options. Lab reports are available by request.

#### What is CBD oil?

CBD oil derives from hemp plants with high cannabidiol (CBD) and low THC levels. Legal Green produces some of the market's most refined CBD oil, extracted from healthy, organically cultivated hemp plants.

# How is Legal Green CBD oil manufactured?

Our hemp is grown and harvested organically in the United States. At Legal Green CBD, we use solvent-free CO2 extraction; in other words, we use the CO2 from the air we breathe to extract the beneficial molecules.

# Is there THC in your products?

Legal Green CBD products contain a maximum of 0.3% THC. We also offer many products that have zero THC.

### Where does Legal Green's CBD come from?

Our manufacturer is in Pueblo, CO, also known as the Napa Valley of Hemp. They control all aspects of the hemp process, from seed to production, and work with organic ingredients to produce the highest quality products.

### What are CBD edibles best used for? What are the benefits?

CBD edibles are easy to consume, and they are delicious! Other products, such as oil, are just as effective but may have a natural flavoring. With edibles, you get all the benefits of CBD and a delectable taste.

#### Are CBD edibles and oils good for anxiety and stress?

CBD may help you feel calm and more relaxed, but remember that you should not use Legal Green CBD products to treat, cure, or diagnose any medical ailment.

# How do I know what's in Legal Green's CBD products?

Please review our product labels for the list of ingredients. You can also find this information within the product description. A lab report is available upon request.

#### Can I use CBD products for pain?

CBD, in general, has been known to promote overall wellness and health benefits. However, you should not use our edibles to treat, cure, or diagnose any medical condition.

#### Do CBD products expire?

CBD products do expire like other food supplements. As a general rule, products have a 1-year shelf life. Check the product label for specific expiration dates.

#### Is Legal Green's CBD synthetic?

No, all of Legal Green's products are from natural sources that use CO2 extraction.

# Why choose Legal Green CBD?

Our products are organic, non-intoxicating, and lab-tested, made from all-natural ingredients, and contain less than .3% THC. We work closely with our manufacturers and offer a versatile selection of products, including CBD gummies, vapes, tinctures, and more. Each item is clearly labeled, so you can be confident that you're receiving the highest quality. Legal Green's ordering process is quick and straightforward, providing you with a superior customer experience.

# Do you use any artificial flavorings?

Most of our products are naturally flavored, but there are some vape, tincture, and edible products with a mix of natural and artificial flavoring. Review each product's label for more information.

# **Shipping & Orders**

#### Do you offer free shipping?

Free shipping is available for \$75. Other discounts and promotions may be available. Join our mailing list to receive the most recent product updates and shipping discounts. We also offer veterans discounts and bulk wholesale purchasing options for all our products.

# What delivery carriers do you use to ship your orders?

We ship orders domestically using USPS.

### <u>How long before I receive my product?</u>

You will typically receive your product within 2-7 business days.

### Where is my order?

Use the tracking number provided to track your order on the USPS website. You can find your tracking number in your confirmation email or order history.

If USPS says that your package was delivered, but you haven't received your products, please contact them or your local post office for further assistance. Please be aware there can sometimes be a delay in the actual delivery time.

## Where can I find information about my order?

To find out information about your order, you will need to contact us by email at <a href="mailto:orders@legalgreen-cbd.com">orders@legalgreen-cbd.com</a>.

Do you ship to all states in the USA?

We ship Legal Green CBD products to all US states.

### Returns & Refunds

What if I'm not satisfied with my order?

If you are not fully satisfied with your purchase, you may request a full refund for the purchase price within 30 days. You are responsible for return shipping.

What is Legal Green's cancellation policy?

We will do our best to accommodate cancellation requests. Please email orders@legalgreen-cbd.com or contact a customer service representative via Live Chat. Please note that due to our quick turnaround on orders, we cannot guarantee cancellations. If your order has already shipped, please contact our customer service team to organize a return.

#### Wholesale

What should I expect from the CBD wholesale registration process?

You'll receive an email confirmation within 24 hours that contains your account login information. Once you log in, you can select your desired products and shipping option. You'll then receive a confirmation after the order ships.

How do I become a CBD distributor?

Our CBD distributor approval process is quick and easy. Just complete the CBD Wholesale Registration form above, and a member of our team will respond within 24 hours. If approved for distribution, you will receive a unique distributor login to access products, rates, and shipping options.

<u>Is there a minimum order amount to purchase wholesale-priced</u> products?

With a minimum order of \$250, you can purchase wholesale-priced products.

What to know when purchasing wholesale CBD oil?

Before making a purchase, ensure that your CBD products stem from hemp and contain less than 0.3% THC.

Why should I buy CBD wholesale?

It can take time to learn how to market and sell to new customers. Legal Green will help you grow into a reputable brand and get your merchandise into the hands of potential buyers.

Where can I buy CBD oil wholesale?

When choosing a CBD wholesaler, you have a variety of options in price and quality. At Legal Green CBD, our primary focus is high-quality products and customer service. We provide the most accessible pricing options and maintain a consistent product standard.

Where should I sell my wholesale CBD products?

The fantastic thing about CBD items is that you can sell them just about anywhere. In-person presentations and demos at trade shows, festivals, and platforms will help you reach veteran CBD consumers and connect with potential customers.

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